



WEST CENTRAL MINNESOTA CHAPTER

Volume 6, Issue 1

April 14, 2023

Spring 2022 Member Newsletter



Special points of interest:

- Get a glimpse of our new chapter board members!
- Save the dates for upcoming events!
- Check out opportunities to take on a role as a member of the board!

MEET OUR NEW CHAPTER BOARD ADDITIONS!

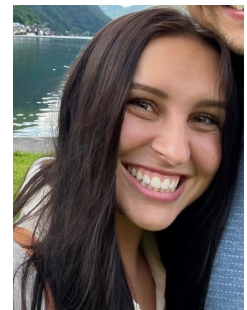
Inducted November, 2022



Donna Gregory
Treasurer



Jen Bjork
Program co-chair



Sam Jokela
Social Media co-chair

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Donna works as an RN on the inpatient medical/oncology unit at Centracare St Cloud Hospital. She celebrated her 20th year as an oncology nurse last December! She is on several unit specific, hospital wide and community committees.

Jen works at the Coborn Cancer Center as a Core Charge RN in the Medical Oncology Clinic. She has worked in Oncology for 10 years. Jen is passionate about oncology nursing and is excited to be part of the ONS Board.

Sam has been working on the Oncology unit at the St Cloud Hospital for the past 5 years since graduating nursing school from the College of St Benedict. She has been chemo certified for 3 years and also works in the charge support role.



Happy "Spring"

Current Corner

Submitted by: Jen Bjork and Karla Schlicht, Program Chairs



As we write this newsletter, 18 inches of snow remain outside with more forecasted to fall this weekend. Here's to hoping the publication of this Spring Newsletter brings some warmer weather!

January: Our board members gathered to train new officers, set up dates for exciting chapter events, as well as committee meetings

February: Brought a virtual even on Myelodysplastic Syndrome by Bristol Meyers Squibb. The speaker did a great job personalizing the disease process of MDS by incorporating a personal story of her aunt who had MDS.

March: Marked a dinner even at Granite City. The speaker presented on nursing insights of treatment for ALL and LBL with asparaginase chemotherapy. It was great to enjoy an evening of education and good food. Attendees were awarded 1 CE for the program.

The year's ONS Congress will be held April 26-30 in San Antonio, TX. Some of our members will be attending and sharing highlights at a future event this fall.

May 16, 2023: Save the date for our annual Connecting and Caring Expo! This will be held at the Kelly Inn Best Western in the ballroom. We will be hosting pharma reps to catch up on the latest new drugs, healing touch by volunteers, and door prizes! Fill your bingo card and earn a gift card. We will also be serving hors d'oeuvres and beverages!

June: Stay tuned for another fun evening of games and cider sipping at Milk and Honey in St. Joseph.

West Central MN Scholarships- Submitted by: Taylor Schroeder, President

Happy 2023, here's to another year of fun and learning! Taylor here again to tell you about our wonderful scholarships we offer through ONS.

So far this year we have awarded Karla Schlicht and Jen Bjork our ONS Congress scholarships. They will both be going to the in-person event which is being held in San Antonio, Texas at the end of April. We can't wait to hear all about it!

There are plenty more scholarship funds we would love to give away! Please reach out to myself or any other board member with any questions or help filling out an application. Submissions can be mailed or sent via email, onscentralmn.president@gmail.com

Treasurer's Update-

Submitted By: Donna Gregory

It is another successful year for WCMONS. We are again hosting in person events! Our biggest event of the year, the vendor fair, takes place on May 16th at Kelly Inn in St Cloud. We have 32 vendor registrations at this time. Our current balances: checking \$5,117.15 and savings \$16,343.32.



Submitted by: Kelsey Yasgar, nominating chair

WCMONS 2023 Election

Who is ready to team up with oncology nurse leaders and become a board member of WCMONS?! ONS Chapters play a vital role in bringing together a local professional network of oncology nurses, while providing opportunities for them to learn and grow. Join our group of dedicated nurses and help provide opportunities for growth and education! Below you'll find the open board member positions for the upcoming election in the fall, and a little bit of information about the essential role they perform in our chapter!

President Elect: Also referred to as the vice president, responsibilities of the president elect includes observing and learning the role of the president, assuming the role of the president if they are unavailable, and consulting with the president throughout the term of office to provide continuity and smooth transition of chapter leadership.

Program Co-Chair: Responsibilities include identifying educational needs of the chapter membership, providing programs that meet these needs, establishing meeting dates, times and locations, and ensuring program committee records are maintained according to procedures established by ONS National.

Social Media Co-Chair: Responsibilities include utilizing social media to increase chapter visibility (including events and other learning opportunities), connecting with our community, and promoting ONS' mission.

Nominating Chair: Responsibilities include developing a plan for conducting annual chapter elections and identifying chapter membership offices needing to be filled. This position also includes producing, distributing and receiving ballots, and communicating the election results to the chapter board of directors, the candidates, and the general chapter membership.

Membership Chair: Responsibilities include promoting membership development in ONS National and the chapter; members participate in strategies to recruit and retain membership in ONS.

If you are interested in becoming a West Central MN ONS board member, have questions related to the open positions, or would like to talk to a specific board member about their experience, please contact me for more information. This is a wonderful opportunity for professional growth and networking!

I can be reached via email at onscentralmn.nominating@gmail.com. I look forward to hearing from you!

Check us out online!

Social Media-

Submitted by: Rosa Jarvis and Sam Jokela

Hello from Rosa and Sam in the social media department!

I don't know about you, but we are looking forward to warmer spring weather and can't wait for our events we have planned for this year! We currently have 297 followers on our Facebook page and 87 followers on our Instagram page. Remember to invite your oncology coworkers, nursing students and friends to our social media platforms and like, comment or share our posts. We appreciate all the support and engagement on our pages



To find us on our social media outlets, search:

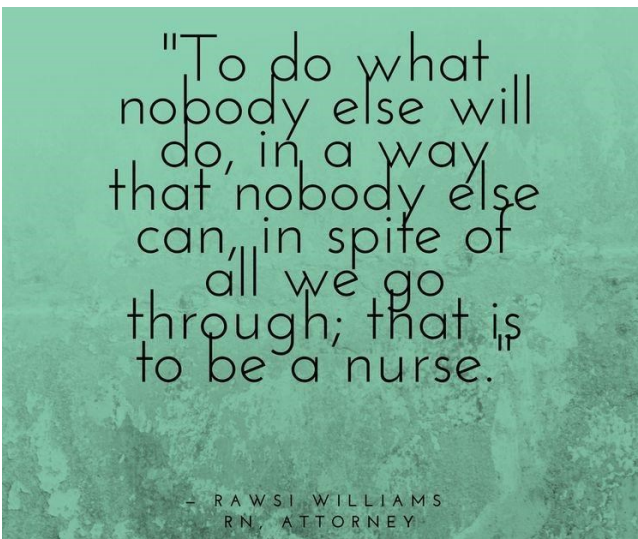
- 1) FACEBOOK: @WCMONS
- 2) INSTAGRAM: @wc.mn.ons

Don't forget we can also be found on our web page (virtual community page) at: <http://communities.ons.org/westcentralminnesota/home>

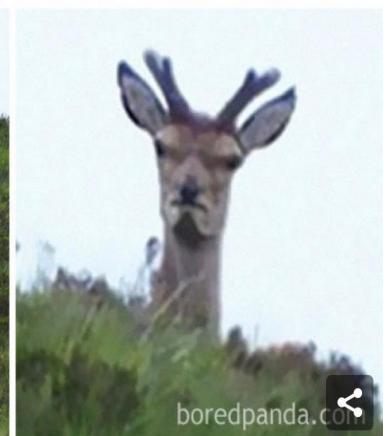
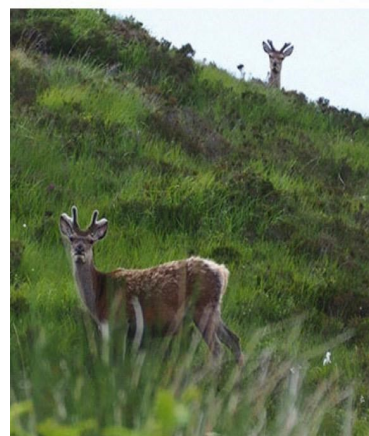
It's important to locate our virtual community page as this is where you RSVP to events! Questions? Reach out anytime!

"Humor" Section-

Submitted by: Laura Tokkesdal, Secretary



When you spy your patient doing something you specifically told them not to do



nursememes_prn

Report



2023 CONNECTING & CARING VENDOR FAIR



WEST CENTRAL MINNESOTA CHAPTER



Come meet and connect with other Oncology Nurses, learn the latest and greatest in onc pharmacology, scholarships, healing touch gift cards and more! Enjoy hors d'oeuvres and 2 beverages



TUESDAY, MAY 16, 2023



5:00PM - 8:00PM



GREEN MILL KELLY INN

100 FOURTH AVE S, ST. CLOUD

RSVP

Attendees: No RSVP required. Open to ONS members, RNs, LPNs and Nursing Students.

Vendors: email onscentralmn.treasurer@gmail.com to secure table. Table confirmed when payment is received (checks only).

Membership Section-

Submitted by: Megan Larson

The West Central Minnesota Oncology Nursing Society (WCMONS) currently has 158 members. Our group holds events throughout the year where you can earn free CEU's and meet other people with similar interests. Our chapter is looking forward to our next event in May, the Connecting and Caring Expo. This event allows oncology vendors to discuss with attendees different topics and is a great place to network with other people in the oncology profession. This event will take place at the Kelly Inn this year on May 16th. We encourage you to attend an event, follow us on social media for upcoming events, and become a member of our chapter to take advantage of all that becoming a member of ONS has to offer! If you are a student nurse, you are eligible for a FREE membership, which also includes discounts on a variety of services, products, conferences, and journals. Also, any professional membership looks great on your resumes and applications!

BECOME A

MEMBER

JOIN TODAY!

ONCOLOGY NURSING

Inspiring Innovation. Inspiring Care.

ONS 2023 EVENTS

**MAY
16**

ONS VENDOR FAIR

5pm-7pm @ Best Western Plus Kelly Inn
St. Cloud - apps, drinks, & freebies!

**JUNE
19**

SOCIAL NIGHT

5:30 - 8:30 pm @ Milk & Honey Ciders
St. Joseph - games +drinks

**SEPT
21**

ONS CONGRESS HIGHLIGHTS & EDUCATION

Location and time TBD

OCT

LOCAL BLOOD DRIVE

Location, date and time TBD

**NOV
16**

HOLIDAY PARTY

6pm @ Great River Bowl in Sartell
bowling, ugly sweaters, apps, & drinks!